

Color/Shape



Letters

Dd, Ee, Ff

Numbers

4-6

Word Wall

bandage, smoke alarm, wiggle, antennae

Sign Language



Safe

Cross both arms at wrists with hands formed into fists, and move them outward into an open position.



Wiggle

Open hands with fingers spread out and shake or flutter them in the air.

Songs & Rhymes

Little Miss Muffet

Little Miss Muffet
Sat on a tuffet,
Eating her curds and whey;
Along came a spider,
Who sat down beside her,
And frightened Miss Muffet away.

Safety Gear

Sung to "Clementine"

Wear your helmet,
Wear your pads,
Wear your safety gear outside.
You protect your head and body,
When you wear your safety gear!

Themes

Safety First

Little ones need lots of help learning to be safe! This theme encourages children to see firefighters, paramedics, police officers, and other emergency workers as helpers who keep them safe. Songs, rhymes, and games will help children learn basic safety practices in a fun way.

Wiggly Wonders

Get ready for wiggly, jiggly fun as children learn about and investigate what slithers through the grass, weaves a web, and floats deep in the ocean. Lots of wonders are hiding all around!

Learn with Me

911 Practice

Talk to your child about when it is important to call 911. Examples include when someone is badly hurt, there is a fire, or if there is an emergency and an adult needs help. Together, make a list of what your child might say if they need to call 911. Encourage your child to practice saying their name and phone number.

Practice calling 911 on a toy phone together. You might model first by staying calm, speaking clearly, and listening to imaginary questions from the other side.

Remind your child that calling 911 is for real emergencies. Practice should only happen on a toy phone.

Recipe

Banana Pancakes

1 banana
2 eggs
1 teaspoon of butter or oil



Peel and mash the banana in a bowl. Add the eggs and mix well. Invite your child to help peel and mash the banana and/or mix the batter.

Heat a pan and add 1 teaspoon of butter or oil (adult only). Pour small spoonfuls of banana batter into the pan. Cook for 1-2 minutes on both sides until the pancake is golden.

Let it cool and enjoy as a breakfast or snack!